



CONFIDENTIALITY AGREEMENT

As a participant in the *Catholic's Divorce Survival Guide* Program, I am encouraged to:

- Make every effort to attend each meeting, both as a help for myself and a support for the other group members.
- Give the group the respect of showing up on time each week.
- Be a good listener and share my experiences and opinions when appropriate.
- Do not shame, condemn, or otherwise attack the character of any group member.
- Stay in touch with group members where I feel I can get or give support.
- Do not develop a romantic relationship with another during the program.
- No one should be required to share beyond what feels appropriate. Passing is always acceptable.
- Try not to “piggyback” someone else’s sharing, speak from your own experience on the topic.
- Do not refer to a specific person’s sharing when it is your turn to share.
- Do not take more time sharing than others. Be comfortable with silence because some people need to get up the courage to speak.

As a participant I am required to:

- Maintain confidentiality within the group
- Refrain from “bashing” a spouse, ex-spouse or any other male/female.

I agree to the terms and conditions encouraged and required above:

Name _____ Date _____